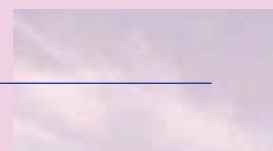




Searching for a cosmic collaboration?



WE'RE GLAD YOUR INTUITION HAS
TAKEN YOU HERE!





We're Sonia & Sabrina

Imagine growing up in a house where your mother is a self-help pioneer, and regular dinner guests included Wayne Dwyer, Louise Hay, Caroline Myess, and Julia Cameron.

Welcome to our lives.

Spirituality runs in our bloodline and for over five generations our family have been keepers, protectors and teachers of the traditions and secrets of spiritual development and intuitive training.

Growing up in Chicago, our days were spent surrounded by artists, business leaders and creative entrepreneurs. When we weren't travelling and exploring the world's most sacred sites while immersing ourselves in every major religion, we were involved in a formal esoteric apprenticeship with our mother, Sonia Choquette.

It was a mystical, magical upbringing that grounded and cemented our purpose: sharing the message of personal empowerment and the importance of intuition with the world.

Fun Facts

WE'RE SISTERS AND BESTIES.

WE'VE BEEN OFFERING PRIVATE INTUITIVE COACHING AND READINGS FOR OVER A DECADE.

OUR HAY HOUSE BOOK, 'YOU ARE AMAZING', HAS BEEN PUBLISHED IN FIVE COUNTRIES AND TRANSLATED INTO THREE DIFFERENT LANGUAGES.

WE'RE AVAILABLE FOR WORKSHOPS, CONFERENCES, CLASSES, SPEAKING AND CREATIVE COLLABORATIONS.



Hey magical media, we've made featuring us super easy.

HERE'S OUR BIO

Sonia and Sabrina are spiritual mentors, Hay House authors and modern mystics on a mission to re-enchant the disenchanted. For over five generations, their family have been keepers, protectors and teachers of the traditions and secrets of spiritual development and intuitive training.

Over the last decade, Sonia and Sabrina have had their own individual intentional coaching practices, mentoring countless clients, including top executives, movie and film producers, music moguls and cutting-edge entrepreneurs in the fields of technology and science. To date, they have facilitated over 200 transformational workshops all over the globe.

Today, they mentor and guide individuals ready to reconnect with their authentic selves and spark real, meaningful changes in their lives.

“Hey, haven’t I seen you somewhere before ...?”

you might be right! here's some of the places you might have seen us recently.

LILOU MACE

<https://www.youtube.com/watch?v=hKPjKSPSMfE&t=23s>

I AM GATHERING

<https://www.iamgathering.com/>

MIND BODY GREEN

<https://www.mindbodygreen.com/articles/how-a-spiritual-practice-makes-you-happier-and-healthier>

**Ready to chat
about your cosmic
collaboration?**

We're all ears.



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**sonia &
sabrina**

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